

# CMAS Freediving Indoors European Championship 2019

Istanbul - TURKEY

17 - 23 June 2019



# CMAS Freediving Indoors European Championship 2019 - Istanbul



Dear Sports Friends,

It would be honor to host you in our beautiful country during CMAS Freediving European Indoor Championship 2019. The Championship will take place in Istanbul, which is one of the most beautiful city in Europe, between 17 - 23 June 2019. We are very excited of this big organization, which will become meaningful with your attendance.

I would remark that it would be honor to see you in our European championship organization.

Best Regards,  
Assoc. Prof. Dr. Sahin ÖZEN  
President of Turkish Underwater Sports Federation



## Organizer

Turkish Underwater  
Sports Federation

### Address

Fahrettin Kerim Gokay cad.  
Ortaklar is merkezi No:71/57  
Kadikoy Istanbul

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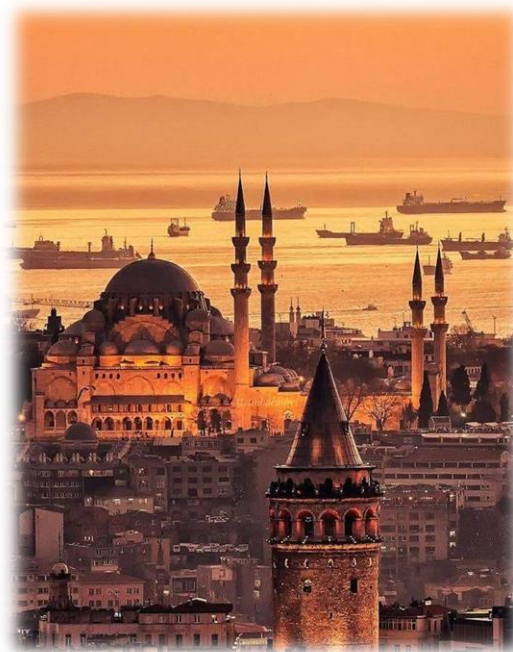
## CMAS Freediving Indoors European Championship 2019 - Istanbul

### Istanbul

Istanbul, a fascinating city built on two Continents, divided by the Bosphorus Strait. This is one of the greatest cities in the world where you can see a modern western city combined with a traditional eastern city, it is a melting pot of many civilizations and different people.

From the foundation of Byzantium in the 7th century BC until today, Istanbul held always an important role in the history of humanity in this part of the world. All important and powerful empires wanted to gain control of this area because of its strategic location. Byzantium, Roman Empire and Ottoman Empire were born here on the ashes of previous ones.

Since the Republic in 1923, Istanbul continued to grow and today it boosted its population over 14 million people living in this spread out city. This makes Istanbul the largest city of Turkey and one of the biggest cities in the world. Istanbul is the world's only metropolis to extend into more than one continent. Istanbul hosts outstanding natural beauties both in daylight and under the glittering of night with its minarets soaring in the sky, its gilded domes, palaces, museums, parks & gardens and more...







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## Maltepe University Swimming Pool

Maltepe University Swimming Pool is build and opened in 2007. This modern facility has more than 500 seats on one sides of the pool.

Pool Dimensions:	50m x 25m
Number of Lanes:	8
Type of Lines:	Breaking wave lane ropes
Water Depth:	Permanent 2.10m
Water Temperature:	25° C +/- 1°C
Timekeeping:	Electronically / Colorado Time System





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## Competition Hotel

### Marma Hotel

Web Site:

[www.marmahotel.com](http://www.marmahotel.com)



The Distance between Sabiha Gokcen Airport and Hotel : 25km (30 minutes)

The Distance between Istanbul Airport and Hotel : 50km (90 minutes)

The Distance between Hotel and Swimming Pool : 500m (8 minutes / by walking)



# CMAS Freediving Indoors European Championship 2019 - Istanbul

## 1. GENERAL INFORMATION

- 1.1** CMAS has entrusted to the Turkish Underwater Sports Federation (hereafter TSSF) the organisation of the 6<sup>th</sup> edition of the Freediving Indoor Open European Championship. The Championship will be staged with the supervision of CMAS in Istanbul, in the Maltepe University Swimming Pool, from 17 to 23 June 2019.
- 1.2** The Championship shall be comprised of seven specialities: Dynamic with Monofin (DYN), Dynamic with Bi-Fins (DYN BF), Dynamic without Fins (DNF), Static (STA), Speed 100 m. Endurance 8x50 m. and Endurance 16x50 m. Only the Final stage will take place for each of the planned specialities.
- 1.3** These articles supplement and complete the International Rules drawn up for the single specialities.

## 2. PARTICIPATION

- 2.1** The event is open to athletes aged 14 and over and belonging to National Teams fully complying with the provisions of CMAS Regulations, these Special Rules and the Safety Requirements established by the Organisers.
- 2.2** National Teams may be made up of a minimum of one to a maximum of six athletes for each men's event and a minimum of one to a maximum of six athletes for each women's event.
- 2.3** Every National team must bring three (3) national flags (2,00m x 1,00m) and a CD or flash disk with the short version of national anthem.

## 3. CLASSIFICATIONS and PRIZE-GIVING

- 3.1** The Classifications and Prize-giving ceremony shall be performed in agreement with CMAS Procedures.
- 3.2** The Prize-giving ceremony will be held in the Maltepe University Swimming Pool at the conclusion of each competition session.

## 4. INTERNATIONAL JURY

- 4.1** CMAS Technical Delegate according to CMAS Regulations.



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## 5. DOPING CONTROL

- 5.1 Organizing committee guarantees to provide doping control according to the CMAS and WADA regulations

## 6. CLAIMS

- 6.1 Pursuant to the CMAS regulations.

## 7. ENTRIES

### 7.1 Deadlines:

<b>Annex 1</b>	Deadline	26.04.2019	Preliminary Entry Form
<b>Annex 2</b>	Deadline	26.04.2019	Hotel Booking Form
<b>Annex 3</b>	Deadline	10.05.2019	Bank Transfer of 50% of the Total Entry Fee
<b>Annex 4</b>	Deadline	10.05.2019	Competitors List Form
<b>Annex 5</b>	Deadline	10.05.2019	Airport Transfer Form
<b>Annex 6</b>	Deadline	31.05.2018	Final Hotel Booking Form
<b>Annex 7</b>	Deadline	31.05.2019	Bank Transfer of Completion of the Total Entry Fee

Failure to pay the participation fee by **10 May 2019** will result in a 10% increase in the fee in respect of the global amount due.

### 7.2 Ratification of entries:

Athletes' entries will be ratified on **17 June 2019**, starting at 10 am., at the secretariat situated in the Hotel, attended by the Head of the delegation of each Nation present (or his deputy), by means of the presentation of documentation from all members of entered National Teams.

The make-up of Teams will be specified in the list of athletes registered on the CMAS website (<http://www.cmasoffice.org/federation/>). The final composition of Teams must be decided by **10 May 2019**, one month prior to the start of the event. Entries received beyond the set deadline will not be accepted, nor can there be late changes to the make-up of Teams, on the day on which documents are checked.

Athletes must be in possession of:

- the original entry form signed by the Federation President;
- a valid medical certificate attesting to the athlete's fitness to take part in the competitive sporting discipline in question;





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- a valid CMAS Apnea sports licence;
- an ID document.

Athletes that fail to produce the above documents will not be allowed to take part in the competitions, and their participation fee will not be returned.

- 7.3** The entry fee of Euro 71.00 must be paid to CMAS by **26 April 2019**, following the procedure set forth at: <http://www.cmasoffice.org/federation/>





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## 8. PROGRAMME

17 June Monday Day 1		
All Day		Arrival and Check-in of Delegations
17:00	18:30	Technical Meeting
18 June Tuesday Day 2		
09:00	15:00	Training (50m Pool)
17:00	18:00	Technical Meeting
18:00	19:30	Opening Ceremony
19 June Wednesday Day 3		
09:00	12:00	Training (50m Pool)
14:00	18:00	European Championship: Dynamic Apnea Without Fins
18:30	19:00	Medal Ceremony
20:00	21:00	Technical Meeting
20 June Thursday Day 4		
08:30	12:30	European Championship: Static Apnea (STA)
14:30	16:30	European Championship: Endurance Apnea 8x50m
17:00	18:00	Technical Meeting
18:30	19:00	Medal Ceremony
21 June Friday Day 5		
08:30	13:00	European Championship: Dynamic Apnea with Bi-fins
14:30	16:30	European Championship: Speed Apnea
17:00	18:00	Technical Meeting
18:30	19:00	Medal Ceremony
22 June Saturday Day 6		
08:30	13:00	European Championship: Dynamic Apnea with Monofin
14:30	17:30	European Championship: Endurance Apnea 16x50m
18:30	19:30	Medal and Closing Ceremony
21:00	24:00	Final Party
23 June Sunday Day 7		
All Day		Check-out and Departure of Delegations

The organisers reserve the right to modify the order and times of events to meet technical and organisational needs.



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## 9. THE BOOKING and ENTRY FEE

### Choice 1

7 Days / from 17 June to 23 June:

Entry fee for per participant is **700€**. The organizer will provide:

- Accommodation in 5 stars hotel with double or triple hotel rooms. (Economy)
- Open buffet breakfast, lunch and dinner.
- Meals are starting with lunch on 17 June and ending with breakfast on 23 June 2019.
- Secretariat services.
- 2x0,5L drinking water (still) for per person / per day.
- Participation to official training sessions.
- Participation to competitions.
- Participation and transfers to the opening and closing ceremony.
- Participation and transfers to the gala dinner for head of the delegations.
- Participation and transfers to the final party.

### Choice 2

7 Days / from 17 June to 23 June:

Entry fee for per participant is **400€**. The organizer will provide:

- 2x0,5L drinking water-(still) for per person / per day.
- Participation to official training sessions.
- Participation to competitions.
- Participation and transfers to the opening and closing ceremony.
- Participation and transfers to the gala dinner for head of the delegations.
- Participation and transfers to the final party.

### Extra Charges:

- Transfer from Istanbul Sabiha Gokcen Airport to the hotel and return – **30€** per person
- Transfer from Istanbul Airport to the hotel and return – **50€** per person

This prices only for minimum 3 people per transfer. For the transfer requested by two or one person, 50% of the total amount will be added to the price.

(Example; 45€ for Sabiha Gökçen Airport and 75€ for Istanbul Airport per person)

- Single room charge will be extra **40€** per room / per day.
- Extra days will be charged as follows:
  - Per person / per day (Double or Triple Room): **90€**
  - Per person / per day (Single Room): **140€**

Deadline for the final hotel booking: **31 May 2019**

Later reservations will not be accepted.



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### Payment:

The organizer accepts only bank transfers in Euros (bank charges will be billed to the sender). Bank checks and credit cards will not be accepted. A minimum of 50% of the total entry fee should be transferred at our bank account no later than the **10 May 2019** to guarantee the booking. The rest of the amount (completion of the total entry fee) should be transferred at our bank account no later than **31 May 2019**. After this date, the participation fees will increased by a further 10% of total amount.

Bank Name: TURKIYE EKONOMI BANKASI  
Account Name: TURKIYE SUALTI SPORLARI FEDERASYONU BASKANLIGI  
IBAN: TR14 0003 2000 0000 0066 6384 75  
Swift Code: TEBUTRIS311

### 10. VISAS

If you require a visa, please contact the embassy or consulate in your country. For delegations must obtain a visa, an invitation with the names of participants will be sent on request.

### 11. CONTACTS

TURKISH UNDERWATER SPORTS FEDERATION

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Contact Person:

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